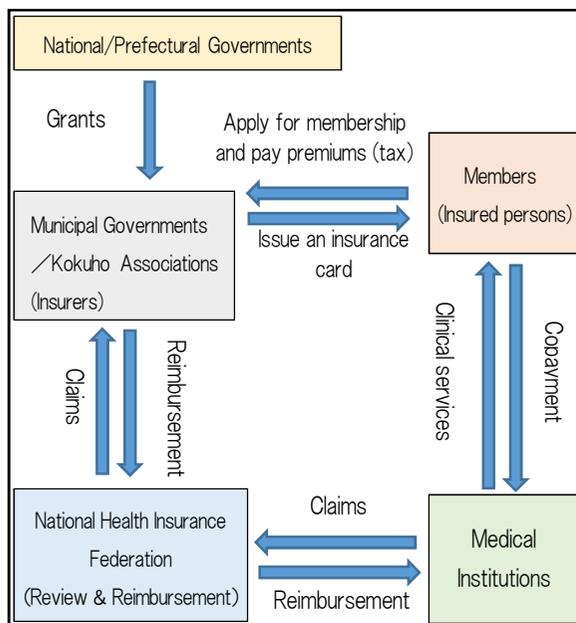


# ○About the National Health Insurance System

## 1. National Health Insurance System

The National Health Insurance (Kokuho) which aim is that members (insured persons) pay premiums and support each other (the spirit of mutual aid) has been operated by our local governments and Kokuho associations (insurers) and contributed a lot to ensuring local healthcare services and maintaining and improving the health of local people.

It also plays a key role in the universal healthcare insurance system. Kokuho is a health insurance system which is prepared for those who become ill or get injured and requires all the people to become a member (the universal healthcare insurance system).



## 2. Kokuho Members

- Solo proprietor
- Agricultural and fisheries workers
- Those who withdrew from workplace health insurance system due to quitting job
- Part-time workers who are non-member of their workplace health insurance system
- Those who made an alien registration and have right of residence for more than three months (except the followings):
  - ・ Their status of residence is granted for “Designated Activities” with visa for medical stay
  - ・ Those who are aged 18 and over and his/her accompanying spouse to stay for not more than one year for tourism, recreation, and other similar activities
- ※ Everyone is required to join in Kokuho except those who join in their workplace health insurance system and welfare recipients.
- ※ People may join in Kokuho even if their period of stay is not more than three months.

## 3. Members and Head of Household

In Kokuho, every household member shall be a member (insured person). However, membership application and payment of premiums (tax) shall be made by the head of household on behalf.

## 4. Membership Application/Notification of Withdrawal

Please visit a Kokuho desk within 14 days from the following dates when you apply for/ withdraw from Kokuho:

### 5. Dates and Required Documentation to apply for/ withdraw from Kokuho

	Date	Required Documentation
Application	When quitting workplace health insurance (the day after resignation)	Certification for withdrawal from workplace health insurance
	Moving into a new municipality	Moving-out certification of the previous municipality
	When you are no longer welfare recipient	Notification of termination of welfare
	When a child is born	Health Insurance Card/Maternal and Child Health Handbook
Withdrawal	The day after joining in workplace health insurance	Kokuho Health Insurance Card & workplace health insurance card
	The day after moving out to a different municipality (on the day of move-out if the same day move-out and move-in)	Health Insurance Card
	When you become a welfare recipient	Health Insurance Card/Notification of commencement of welfare
	The day after death of insured person	Health Insurance Card/Death certificate. etc.

- ※Your residence card is required to apply for/withdraw from Kokuho if you are Non-Japanese national.
- ※Delay in membership application makes you to pay all the cost of medical care, but still you have to pay the amount of your insurance premiums (tax) calculated from the date of eligibility.
- ※If your notification of withdrawal is delayed and you saw a doctor with Kokuho health insurance card, you shall reimburse later the cost of medical care borne by Kokuho.

## 6. Those who don't understand Japanese

Foreign language speakers may not be available at city halls or town halls.

Please try to find someone who understands Japanese and ask him/her to come with you for consultation or application/withdrawal.